

ENJOY YOUR SPORT



Be Safe and Play by the Rules

Recreation, Sports & Aquatics Club (RSAC) wants to make sure that **everyone** enjoys their sport in a safe and friendly manner. To help make this happen, RSAC has a set of rules which should be followed.

These are:

Be a Good Sport

Treat all participants as you would like them to treat you.

- Co-operate with your team-mates, coach and opponents
- Control your temper
- Have respect for other people, no matter what their ability, gender (sex) or where they come from
- Do not say anything bad about other people or swear at them

You Must Feel Safe

- When playing sport, at training and practice
- When travelling to and from games and training
- When you are with other players, your coach, volunteers or team staff

No-one Should

- Say anything bad to you or to anyone else
- Make fun of you, your ability, gender (sex) or where you come from
- Look at or touch you or anyone else in ways that you don't like
- Say anything sexual to you that you don't like
- Pick on you or be unfair to you or anyone else

If Someone Is Not Following These Rules

Then tell someone about it.

Tell:

- A parent or grown-up who you trust or
- An RSAC coach, manager, volunteer or staff member or
- RSAC Executive Officer – Jenny Bombardieri (ph: 9790 5001) or
- RSAC President – John Gorrie (ph: 0418 224 384 or 9789 5770) or
- RSAC Member Protection Officer – Syd Brooksby (ph: 0408 738 005 or 9580 6884) or
- NSW Department of Sport & Recreation or
- NSW Anti-Discrimination Board or
- The Australian Sports Commission

Everyone has the RIGHT to enjoy their sport and to be SAFE.